

Theme : Awareness Session on Health and Nutrition

In collaboration with : Gharonda orphanage, Ghaziabad

Date : 15 - October - 2022

No. of Students participated : 32

No. of Faculty Participated : 02

Organised by : Department of Community Medicine

Patients screened : 30

REPORT

- A free health camp was organised on 10. October .2022, in Specialised Adoption Agency, Gharonda orphanage, Ghaziabad, by Department of Community Medicine, Santosh Medical College, Ghaziabad.
- A total of 30 children were examined by Head of Department of Paediatrics Dr.
 K. C. Aggarwal, Santosh Medical College.
- The clinical findings were noted on OPD cards which had the stamp of 'health camp'.
- All the children were screened for BMI, head circumference and mid arm circumference
- All children were examined and given prescriptions for various health conditions like rhinitis, URTI, gastroenteritis, ASOM, scabies, fungal infections, anaemia etc.
- Patients requiring advanced treatment were advised to visit higher centre (Santosh Hospital) for respective speciality.
- Children were given free medications which included paracetamol, cough syrup, levocetirizine syrup, anti fungal powder, permethrin cream etc. The orphanage care taker was instructed about the medication usage and doses.
- Staffs were also involved.
- Children were educated about good hygiene practices and motivated for regular health check-ups.
- The photographs are attached herewith.









Theme : Program on Free Health Checkups

In Collaboration with : Anandmayee Forgings Pvt Ltd

Date of Camp : 12-10-2022

Venue/site of camp :Anandmayee Forgings Pvt Ltd,

Ghaziabad

Departments participated : OPTHAL, MEDICINE, ENT

No. of Students participated : 28

No. of Faculty Participated : 01

No. of patients attended : 77

Services provided : Consultation services

Sample collection services : N/A

Treatment services : Treatment given to patient as per need

Health education services done by distributing pamphlets and through intern activity YES

Adjunctive treatment: Distributing multivitamins etc.

YES

Expenses Incurred: INR 3500/-





APURAV BHARDWAJ

Aproan Blandwaf

Assistant Manager - Marketing Santosh Medical College & Hospital,

Ghaziabad



Theme : Blood Donation Camp

In collaboration with : IMA Ghaziabad

No. of students participated : 27

No. of Teachers participated : 05

Organized By : Department of Transfusion Medicine and Pathology

Venue : Blood Centre Santosh Hospital

Date/Month/Year : 1 October 2022 at 9 AM to 1 PM

Program Details:

Preface: In India, every two seconds, a person requires blood. India needs four crore units of blood every year, but only mere 40 lakh units are available.

Collaboration: Blood Centre, Santosh Medical and Dental College Hospitals in association with Indian Medical Association, Ghaziabad on the occasion of National Voluntary Blood Donation day organized a voluntary blood donation camp at Blood Centre Santosh Hospital.

Execution: The programme was opened by welcoming the IMA office bearers including President IMA Dr Sandeep Varshney and other dignitaries by Dr. Amit Verma HOD transfusion medicine department & Dr Swati Singh associate professor pathology.

The faculty of Transfusion Medicine and Pathology took outstanding care of the donors pre andpost-donation and provided healthy post-donation refreshments. We are genuinely grateful towork with such enthusiastic people. All the donors were happy post-donation and were keen ondonating blood again and motivate others too.

The blood bank team of Doctors including Dr Amit Verma and Dr Swati Singh also addressed the common myths that prevent people from coming forward and donate

blood regularly and laid out facts regarding blood donation.

The Programme was supported by Dr Alka Aggarwal Dean, Dr Shalabh Gupta Dean Academic, Dr Manish Sabharwal facility Director &Dr Sushil Gaur Medical Superintend who gave the revaluable support to the department and also encouraged the students to participate in the programme. We whole heartedly thank them.

Special thanks to Dr Mayurika Tyagi & the blood bank team of Mr. N Mannikam. Mr. Shashi Bhushan Shukla & Mr Guarav Chauhan.

Regards,

Dr. Amit Vermahod Department of Transfusion Medicine, Santosh Medical College & Hospital

Photographs of the camp







APURAV BHARDWAJ

Aprovav Blandway

Assistant Manager - Marketing Santosh Medical College & Hospital, Ghaziabad



Theme : Active session on Health Education and

Nutrition

In collaboration with : Specialised Adoption Agency, Gharondaorphanage

Date : 9 - September - 2022

Interns participated : 08

Organised by : Department of Community Medicine

Patients screened : 25

No. of Students participated : 26

No. of Teachers participated : 01

REPORT

- A free health camp was organised on 9. September.2022, in Specialised Adoption Agency, Gharonda orphanage, Ghaziabad, by Department of Community Medicine, Santosh Medical College, Ghaziabad.
- A total of 25 children were examined.
- The clinical finding was noted on OPD cards which had the stamp of 'health camp'.
- All the children were screened for BMI, head circumference and mid arm circumference
- All children were examined and given prescriptions for various health conditions like rhinitis, URTI, gastroenteritis, ASOM, scabies, fungal infections, anaemia etc.
- Patients requiring advanced treatment were advised to visit higher centre (Santosh Hospital) for respective speciality.
- Children were given free medications which included paracetamol, cough syrup, levocetirizine syrup, anti-fungal powder, permethrin cream etc. The orphanage care taker was instructed about the medication usage and doses.
- Staffs were also involved.
- Patients were educated and motivated for regular health check-ups and healthy eating habits.
- The photographs are attached herewith.







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Signature of HOD



Date: 09.09.2022

Theme : Awareness session on Rashtriya

Poshan Mah

No. of students participated : 16

No. of Teachers participated : 01

In Collaboration with : Gharonda specialized adoption agency

Preface:

Santosh deemed to be University, Ghaziabad organized an awareness session on Poshan Mah/Nutrition month on 9. Sept.2022. this year key focus was on 'Mahilaaur Swasthya (Women and Health) and "Bacha aurShiksha (Child and Education).

Objective of the session was to teach the importance of healthy and balanced diet and deleterious effects of unhealthy junk food to orphanage children.

Collaboration:

 The event was organized in collaboration with Gharonda specialized adoption agency, Ghaziabad, U.P.It was organized by the Department of Community Medicine, Santosh Medical College, Ghaziabad.

Execution:

- Event was executed at Gharonda specialized adoption agency, Shastri Nagar, Ghaziabad.
- The post graduate students and interns in the department highlighted the importance of this event and problem of malnutrition in India.
- The interns posted in the department performed a roleplay, which showed comparison between general health, academic and sports performance of 2 students, in which one ate healthy food and another did not pay attention to dietary habits.
- Children were explained about the role of balanced diet in growth and development, and encouraged to regularly consume pulses, milk, fruits and vegetables as a part of their diet.
- We also created awareness about health hazards of unhealthy outside food and asked the children to minimized its consumption.
- All the children took interest in the activity and were influenced the right way.
- More than 30 children were present in the venue and many staff members also attended the event.
- At the end, we distributed apples and bananas to all the children present there.

- Feedback was collected at the end of the event.
- Faculty: Dr. KshitijChoudhary
- PGs: Dr. Amit Jaiswal, Dr. Abhishek Nath, Dr. Priyanka Verma
- Interns: Abhishek Bhardwaj, Aparna Singh, Anmol Arun, AmanPratap Singh, AkshatPayal
- Health Workers: Mr. Rajesh, Mr. Naresh







Theme : Awareness on Health and Nutrition

Venue : Gharonda orphanage, Ghaziabad

Date : 1st July 2022

Organized by : Department of Community Medicine

Patients Screened : 30

No. of students participated : 25

No. of Teachers participated : 03

REPORT

- A free health camp was organised on 1st July 2022, in Gharonda which is an orphanage in district Ghaziabad, by Department of Community Medicine, Santosh Medical College, Ghaziabad.
- A total of 30 children who were between the ages of 3 months to 10 years were examined.
- The clinical findings were noted on OPD cards which were handed over to the care takers of the children along with advise on treatment or referral.
- All the children were screened for BMI, head circumference and mid arm circumference.
- All children were examined and given prescriptions for various health conditions like rhinitis, gastroenteritis, ADHD, ASOM, scabies, fungal infections, anemia etc.
- Patients requiring advanced treatment were advised to visit higher centre (Santosh Hospital) for respective speciality.
- Dental examination of the children was also done by dental post graduate students.
- All children were given Albendazole tablets and syrup for deworming.
- Staff was also involved.
- Patients were educated and motivated for regular health checkups., healthy eating habits and oral hygiene by the team of interns and post graduate medical and dental students.
- Children were also provided with juices and snacks at the end.







Theme : Doctor's Day

Venue : Santosh Hospital, Gharonda orphanage, and Santosh

Medical College, Ghaziabad

Date : 1st July 2022

No. of Students participated : 25

No. of Teachers participated : 3

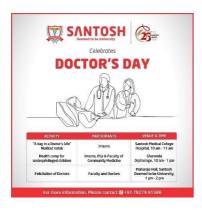
In collaboration with : Gharonda orphanage

REPORT

 Doctor's Day was celebrated in Santosh Medical College with a lot of enthusiasm and fervor. On this day, various activities were planned in the medical college and hospital as well as the field practice areas of the Dept. of Community Medicine. The event was circulated on the different social networks.

• The day ended with felicitation of the doctors for their valuable contribution during the COVID19 pandemic.

The photographs are attached herewith.











Theme : Awareness Session on Health and Nutrition

In collaboration with : VILL. NITHORA LONI GHAZIABAD

Date of Camp : 14-06-2022

Venue/site of camp : VILLAGE NITHORA LONI GHAZIBAD

Departments participated : OPTHAL, GYN, ENT

No. of Students participated : 18

No. of Faculty participated : 03

No. of patients attended : 87

Services provided : Consultation services

Sample collection services : N/A

Treatment services : Treatment given to patient as per need

Health education services done by distributing pamphlets and through intern activity YFS

Adjunctive treatment: Distributing multivitamins etc.

YES

Expenses Incurred: INR 3200/-





Canada

GAURAV SHARMA Head of Department Marketing Santosh Medical College & Hospital, Ghaziabad



Theme : Awareness Session on Health and

Nutrition

In Collaboration with : ROZA JALALPUR, GAUTAMBUDDHA NAGAR

Date of Camp : 10-06-2022

Venue/site of camp : ROZA JALALPUR, GAUTAMBUDDHA NAGAR

Departments participated : OPTHAL, GYN, ENT

No. of students participated : 30

No. of Teachers participated : 03

No. of patients attended : 103

Services provided : Consultation services

Sample collection services : N/A

Treatment services : Treatment given to patient as per need

Health education services done by distributing pamphlets and through intern activity

YES

Adjunctive treatment: Distributing multivitamins etc.

YES

Expenses Incurred: INR 3000/-

Photographs of Camp:-









GAURAV SHARMA Head of Department Marketing Santosh Medical College & Hospital, Ghaziabad



Theme : Awareness on "Health program and Education"

Date of Camp : 09-06-2022

Venue/site of camp : VILLAGE NITHORA LONI GHAZIBAD

Departments participated : Opthal, Gyn, ENT

No. of students participated : 28

No. of Teachers participated : 03

No. of patients attended : 70

In collaboration with : Village Nithora Loni Ghazibad

Services provided : Consultation services

Sample collection services : N/A

Treatment services : Treatment given to patient as per need

Health education services done by distributing pamphlets and through intern activity YES

Adjunctive treatment: Distributing multivitamins etc.

YES

Expenses Incurred: INR 3000/-





Canady

GAURAV SHARMA Head of Department Marketing Santosh Medical College & Hospital, Ghaziabad



Theme : Awareness Session on Health and Nutrition

In collaboration with : Girdharpur district, Ghaziabad

Organized by : Department of Community Medicine

No. of Students Participated : 50

No. of Faculty Participated : 01

Venue : Girdharpur district, Ghaziabad

Date : 30 May 2022

Patients Screened : 30

REPORT

- A free health camp was organised on 30.May.2022, in Girdharpur district, Ghaziabad, by Department of Community Medicine, Santosh Medical College, Ghaziabad.
- A total of 30 patients were examined.
- The clinical finding was noted on OPD cards which had the stamp of 'health camp'.
- The OPD cards were handed to the patients.
- All the patients were screened for BP and BMI.
- All patients were examined and given free medications for various health conditions like anemia, gastroenteritis, hypertension, osteoarthritis, rhinitis, dyspepsia etc.
- Patients requiring advanced treatment were referred to Santosh Hospital for low cost treatment.
- Staff was also involved.
- Patients were educated and motivated for regular health check-ups.
- The photographs are attached herewith.







Date: 30.05.2022

Theme : Awareness session on No Tabocco Day- "Protect

the environment"

In collaboration with : Poorva Vidyala, Girdharpur Sunaarsi

Organized by : Department of Community Medicine

No. of Students Participated : 40

No. of Faculty Participated : 01

Preface:

Santosh deemed to be University, Ghaziabad organized an awareness session on No Tobacco Day (31st May) on 30.May.2022. Theme was "Protect the environment".

Objective of the session was to create awareness about the health effects of various types of Tobacco products, treatment of dependence, and how to prevent oneself from taking tobacco.

Collaboration:

- The event was organized in collaboration with Poorva Vidyala, Girdharpur Sunaarsi on 30.May.2022
- It was organized by the Department of Community Medicine, Santosh Medical College, Ghaziabad.

Execution:

- EventwasexecutedatPoorva Vidyala, Girdharpur Sunaarsi.
- The post graduate students in the department highlighted the importance of this day and the theme of this year.
- Post Graduate student highlighted the general health effects from various forms of tobacco like COPD, infertility, various types of cancer, HTN, coronary artery disease, teratogenicity, psychological dependence etc.
- The interns posted in community medicine department performed separate talk on Oral cancer and Lung cancer in detail with preventive measures.
- At the end post graduate student talked about measures to quit smoking, treatment from dependence and preventive measures for a non-smoker.
- Everyone present at the event listened to the health talk with concentration and interest.
- More than 30 people were present at the end many staff members also attended the event.
- Feedback was collected at the end of the event.







Theme : Awareness Program on "Health and

Nutrition"

Date of Camp : 29th APRIL 2022

Venue/site of camp : CHW Forge Unit 1, Ghaziabad

Collaborating Agency : CHW Forge Unit 1, Ghaziabad

Departments participated : Department of Community Medicine

No. of students participated : 49

No. of Teachers participated : 02

No. of patients attended :120

Services provided : Consultation services

Sample collection services : N/A

Treatment services : Treatment given to patient as per need

Health education services done by distributing pamphlets and through intern activity

YES

Adjunctive treatment : Distributing multivitamins etc. YES

Expenses Incurred : INR 3000/-





GAURAV SHARMA Head of Department

Marketing Santosh Medical College & Hospital, Ghaziabad



Date: 27.04.2022

Theme : Awareness session on" World Malaria Day"

In collaboration with : Gram Panchayat Samiti at Santhali district

Organized by : Department of Community Medicine

No. of Students Participated : 52

No. of Faculty Participated : 02

PREFACE:

Santosh Deemed to Be University, Ghaziabad organised an awareness session on World Malaria Day on 25. April. 2022. Theme was 'Harness innovation to reduce the malaria disease burden and save lives'.

Objective of the session was to create awareness about the disease and its preventive measures.

COLLABORATION:

- The event was organised in collaboration with Gram Panchayat Samiti at Santhali district, Ghaziabad.
- It was organised by the Department of Community Medicine, Santosh Medical College, Ghaziabad.Gram Pradhan Mr.AnujTyagi and Panchayat member Mr. Rahul Tyagi helped the department in the execution of the programme.

EXECUTION:

- Event was Executedat Panchayat Bhavan, Santhali.
- Post Graduate students and interns highlighted the malaria symptoms, causative agent and preventive measures in an interactive way to Primary School Children and staff members.
- Children were told about the methods to prevent mosquito breeding, like usage of repellents, avoiding water retention at homes etc.
- The students participated in the discussion in an enthusiastic way.
- At the end Mosquito repellents like sprays, coils, ointments, camphor sticks, patches were distributed to the children and staff members.
- More than 100 beneficiaries were present in the awareness session.
- Feedback was collected at the end of the event.

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Theme : Awareness session on World Health Day

Date : 8th April 2022

In collaboration with : Composite Vidyalaya, Charan Singh Colony, Pratap

Vihar, Ghaziabad

No. of Students Participated : 50

No. of Faculty Participated : 01

Preface:

Santosh Deemed to be university organised an interactive awareness session on World Health Day (7th April 2022) on 8th April 2022, with this year's theme 'Our planet our health'.

Collaboration:

• The event was organised by the department of Community Medicine, Santosh Medical College, Ghaziabad in collaboration with Composite Vidyalaya, Charan Singh Colony, Pratap Vihar Ghaziabad.

Execution:

- The participation was received in physical form on the location. (Composite Vidyalaya, Charan Singh colony, Ghaziabad)
- Post Graduates in Community Medicine department delivered speech about world health day and its importance in an interactive way to children.
- Interns performed a role play on the theme 'our planet ,our health', explaining them about health hazards of air, water, land pollution in an interactive way.
- PGs and interns asked school students about their daily habits regarding environment protection. The students answered in an enthusiastic way.
- It ended by monologues about ways to reduce pollution and changes to be made in day to day lives.
- Feedback of the event was collected at the end of the event.
- Total beneficiaries-More than 90
- Faculty-1-Dr. Anupama Singh
- PGs-3-Dr. Abhishek Nath, Dr. Amit Jaiswal, Dr. Priyanka Verma
- Interns-6-Dr.Kriti, Dr. Kush, Dr. Deepak, Dr.Vishwadeepak, Dr.Sadhna, Dr. Kamini
- Health Workers- Mr. Rajesh, Mr. Naresh and Jaspreet Kaur





Theme : Awareness session on World Health Day

Date : 7th April 2022

No. of Teachers Participated : 28

No. of Faculty Participated : 1

In Collaboration with : CHC, Dasna

Preface:

Santosh deemed to be University, Ghaziabad organized an awareness session on World Health Day on 7th April 2022. Theme was 'Ourplanet, ourhealth'.

Objective of the session was to create awareness about the damage that humans have been doing to the Earth and its impact on our health.

Collaboration:

• The event was organized by the Department of Community Medicine, Santosh Medical College, Ghaziabad in collaboration with CHC, Dasna.

Execution:

- Event was executed at Community Health Centre, Dasna.
- The post graduate students in the department highlighted the importance of this day and the theme of this year.
- The interns posted in community medicine department performed a roleplay, explaining people about the health hazards of polluting air, water, soil through activities like throwing plastic, burning waste, overusing fuels etc.
- Interns and post graduates addressed the audience about various health hazards that can happen due to environmental pollution, and how it is a field of concern.
- Preventive measures for protecting the environment were also discussed about.
- More than 50 patients were present in the hospital and many staff members also attended the event.
- Feedback was collected at the end of the event.





Date: 06.03.2023

Theme : Awareness Session on World Obesity Day
Organized by : Department of Community Medicine

No. of Students Participated : 48

No. of Faculty Participated : 4

In collaboration with : CHC Muradnagar, Ghaziabad

Organised by : Department of Community Medicine

Preface:

Santosh Deemed to be University (Ghaziabad) organized an Awareness Session onWorld Obesity Day (04-03-2022) on 04-03-2022.

Objective of the awareness session was to impart knowledge and create awareness about the importance of adopting healthy lifestyle and preventing obesity.

Collaboration:

- The event was organised by the Department of Community Medicine, Santosh Medical College, Ghaziabad in collaboration with CHC Muradnagar, Ghaziabad.
- The event was promoted through the official social network of the University as well as on some of the Social Groups of professionals in the individual capacity of the organizing members.

Execution:

- Event was executed at Community Health Centre, Muradnagar, Ghaziabad. The participation was received in physical mode on the location.
- The Interns posted in the Department of Community Medicine, Santosh Medical College, Ghaziabad prepared monologues explaining the importance of healthy eating habits, regular physical exercise and adopting an overall healthy lifestyle to prevent obesity. They supported their health talk with hand- made charts and posters.
- Complications arising due to excessive weight gain like development of Hypertension, Diabetes Mellitus, Coronary artery disease, Congestive heart disease were explained in detail to the crowd.
- Basic preventive measures as mentioned earlier were emphasised on.
- More than 60 patients were present at the hospital that day and many of their staff members also attended the event.
- Feedback of the event was collected towards the end of the event.
- Total beneficiaries 70







Date: 19.02.2022

Theme : Awareness Session on World Deworming Day

In collaboration with : CHC Dasna, Ghaziabad

Organized by : Department of Community Medicine

No. of Students Participated :18

No. of Faculty Participated : 03

Preface:

Santosh Deemed to be University (Ghaziabad) organized an Awareness Session on National Deworming Day (10-02-2022) on 17-02-2022.

Objective of the awareness session was to impart knowledge and create awareness about the importance of deworming, mainly for children from 1 to 19 years of age.

Collaboration:

- The event was organized by the Department of Community Medicine, Santosh Medical College, in collaboration with CHC Dasna, Ghaziabad.
- The event was promoted through the official social network of the University as well as onsome of the Social Groups of professionals in the individual capacity of the organizing members.

Execution:

- Event was executed at Community Health Centre, Dasna, Ghaziabad. The participation wasreceivedinphysicalmodeonthelocation.
- The Interns posted in the Department of Community Medicine, Santosh Medical College, Ghaziabad prepared a NukkadNatak explaining the signs and symptoms of worm infestationin children, how to recognize the need to see a physician based on symptoms like anemia, loss of appetite, irregular bowel habits.
- The audience was informed about the prophylactic dose of Albendazole given to studentsevery6months bythe Governmentof India inall public schools.
- More than 50 patients were present at the hospital that day and many of their

staffmembersalsoattended theevent.

- Feedback of the event was collected towards the end of the event.
- Total beneficiaries-60

Photographs of the Camp:







Date: 06.02.2022

Theme : Cancer Awareness Lectures On "WORLD CANCER

DAY"

In Collaboration with : 'Beautiful Tomorrow' (NGO)/ Roteract group of

INMINTEC Institution

Organized by : Department Of Obstetrics And Gynecology

No. of Students Participated : 20

No. of Faculty Participated : 1

Preface

Santosh Deemed to be University (Ghaziabad)in association with 'Beautiful Tomorrow'(NGO)organized a session on Cancer awareness and preventive strategies on the occasion of World Cancer day on 4th of February 2022. Dr Manisha Gupta, Professor, Department Of Obstetrics And Gynecology and Dr. Madhu Gupta-Chief Trustee 'Beautiful Tomorrow'(NGO) delivered lectures to Roteract group of INMINTEC Institution.

Objective of the program was to introduce the pathogenesis of cancer and to highlight the importance of Cancer Preventive strategies and survival.

Execution

Event was executed on the virtual platform in the Santosh Medical College Hospital, Santosh Deemed To Be University, Ghaziabad. Many participants of Inmintec institute and Post graduates of Dep. of OBGY attended the session. All sessions were highly interactive with all actively participating in the discussion and clearing their doubts.

Tangible Outcomes

To make the society aware of the preventive aspect of a deadly disease like cancer.







